



COST OF LIVING IN NYS: UPSTATE VS. DOWNSTATE

The 2023 Minimum Wage Deal set a higher wage for downstate than upstate. The minimum wage will increase to \$17/hr downstate & \$16/hr upstate by 2026. Per the law, downstate includes New York City, Nassau, Suffolk, and Westchester, while upstate is all other counties.

LIVING WAGE:

HUDSON VALLEY (PUTNAM COUNTY):	\$33.44
MANHATTAN	\$33.31
ROCKLAND COUNTY:	\$32.66
BROOKLYN:	\$29.72
BRONX	\$25.96

This division ignores the reality that many upstate regions are experiencing skyrocketing housing and living costs just like downstate.



AVERAGE MONTHLY COST OF RENT

Hudson Valley (Rockland County)	\$2,158
Brooklyn	\$2,079



AVERAGE ANNUAL COST OF CHILDCARE

Hudson Valley (Rockland County)	\$20,883
Brooklyn	\$18,883



AVERAGE ANNUAL COST OF FOOD

Ithaca (Tompkins County)	\$4,867
Long Island (Nassau County)	\$4,732



AVERAGE COST TO PURCHASE A HOME

Hudson Valley (Orange County)	\$406,380
Bronx	\$432,475

DON'T LEAVE UPSTATE WORKERS BEHIND!